



## Speedy Greens Organics Pantry

### Bulk

Almonds, OG raw 16 oz	\$11.49
Barley, Org 16 oz	\$2.39
Flax 16 oz	\$1.69
Lentil 16 oz	\$3.59
Peanut Butter 16 oz	\$3.99
Popcorn, Org White 16oz	\$1.59
Rice, Country Wild 8 oz	\$1.39
Sunfl Sd Org Raw 16 oz	\$3.29
Walnuts, OG raw 16 oz	\$9.99

### Packaged

Agar Flakes	\$8.99
Agave, WS 11.75 oz	\$4.75
Balsamic Dressing	\$4.29
Brown Rice Cereal	\$4.79
Brown Rice Flour	\$4.79
Brown Rice Syrup	\$6.59
Brown Sugar	\$3.69
Pasta, Pkg GF Shells	\$4.29
Gluten Free Baking Mix	\$6.49
Oats, GF 32 oz	\$6.99
Olive Oil 17 oz	\$10.99
Tarragon Dijon Dressing	\$4.29
Tomato Garlic Dressing	\$3.49
Vanilla Extract, Organic 4 oz	\$9.99
Vanilla Extract, Organic 8 oz	\$19.99
Water, Spring Grocery	\$1.49

### Frozen

Edamame, Shelled	\$2.99
Tortilla, Tomato Basil	\$3.59

### Spices

Basil Bulk 1oz	\$0.99
Cardamom Bulk 1oz	\$2.06
Cayenne/Capsicum Bulk 1oz	\$0.78
Chili Powder Bulk 1oz	\$0.99
Cinnamon Powder Bulk 1oz	\$0.40
Cocoa Powder Bulk 1oz	\$0.60
Cumin Powder Bulk 1oz	\$0.85
Curry Powder Bulk 1oz	\$0.75
Mustard Powder Bulk 1oz	\$0.40
Nutmeg Whole Bulk 1oz	\$1.66
Savory, Winter Bulk 1oz	\$0.85

### Teas

Alfalfa	\$0.53
Blessed Thistle	\$0.88
China Green Organic	\$1.25
Cramp Bark	\$2.75
Earl Grey Organic	\$1.99
Gunpowder Green	\$1.75
Ladys Mantle	\$1.58
Lavender C/S	\$1.77

Lemon Ginger	\$1.50
Lemon Grass Organic	\$1.09
Marshmallow Root C/S	\$1.40
Menstrual Tea	\$1.10
Nettles	\$0.26
Rooibos	\$1.09
Uva Ursi	\$1.56
White Willow Bark	\$0.96
Yerba Matte	\$1.41

**Other**

Blueberry Pie, Whole	\$18.00
Cheesecake, Whole	\$32.00
Cocoa Mix, Bulk 8 oz	\$3.09
Fruit Crisp, Whole	\$18.00
Paper Filters	\$1.99
SG Cookbook	\$11.95